



the Well Spring



The monthly newsletter of North Spring United Methodist Church



neth notes

weekend long
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the chef
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the help
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a crazy
chaotic
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try the
barbeque
different
better or worse
you decide
this isn't
a contest
its all an
experience
h.

October 2009

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Charge Conference November 1st

Our annual Charge Conference for North Spring will be held on Sunday, November 1st.

It is set to convene at 6:00 p.m. with Heartland North District Superintendent Susan Cox presiding. Members from Blue Springs First and St. Peter's will join us at Faith Church, 1950 SW Eagle Parkway, in Grain Valley. The joint session is scheduled with neighboring congregations so that we may enjoy our connection, work together and realize the common purpose that unites us.

The meeting's theme is, "Somewhere Out There". We will elect leadership, set pastoral support and make plans for 2010 while submitting reports about 2009. Our lay leadership (nominating committee) will be at work in October inviting response to needs to serve in various capacities. Volunteers are what keep us going!

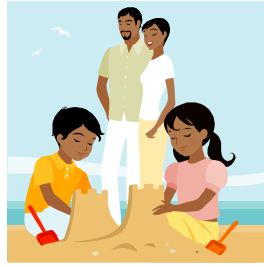
Children's Ministry News

By Lynette Harrenstien

We are off to a good start in our Sunday School and Curious Kids classes! We are studying the story of Timothy and learning that families influence your faith. We know that we can be good examples for others just as Timothy and his family set good examples. We also recognize that we can learn about being faithful Christians from our teachers and mentors.

Please consider mentoring our children of North Spring! 5 teachers have committed to the 3rd grade through 5th grade class! We continue to need teachers for our younger group of PK through 3rd grade.

**Please remember that
"It takes a village to
raise a child."
What part will you play?**



Parenting With Love and Logic Classes

By Debbie Laemmler

Parenting with Love and Logic is about raising responsible children using a win/win philosophy. Parents show love in a healthy way and establish effective control. Children win by learning responsibility through solving their own problems, and they acquire tools for coping with the real world. Love and Logic helps parents and children establish rewarding relationships built upon love and trust.

- Facilitator: Debbie Laemmler
- Class Dates/Times: Monday 6:30-8:30p.m., October 19 to November 30, 2009
- Fees: \$35.00 per individual, \$55 per couple
- \$15.00 for Curious Kids teachers and CIA teachers/leaders

Reduce the power struggles and have more fun with your kids! Please join us at North Spring for Love and Logic classes. Contact Debbie Laemmler to register: (816) 304-9416.

Faith Flow Yoga

By Debbie Laemmler

Mental calmness, physical strength and spiritual presence come together to create inner peace in a Yoga is an effective, low-impact form of exercise that can be practiced by everyone. This class is designed to allow participants to experience joy and serenity, all while honoring Christ.

This **free** six week class will be held at North Spring on Wednesdays from 11:00-11:45 a.m., October 7 to November 11. It is open to anyone who is age thirteen and older, and modifications will be made for differing skill levels. The instructor will be Cindy Newland. Read more about her at .

Please bring:

- A yoga mat
- Yoga blocks if you have them
- A yoga strap, a long belt, or a man's tie

Please call or email Debbie Laemmler to enroll at 816-304-9416 or . Walk-ins are welcome also. Please join us!

Outreach News

By Sherree Gorman

Festival of Sharing Trip to Sedalia – October 17

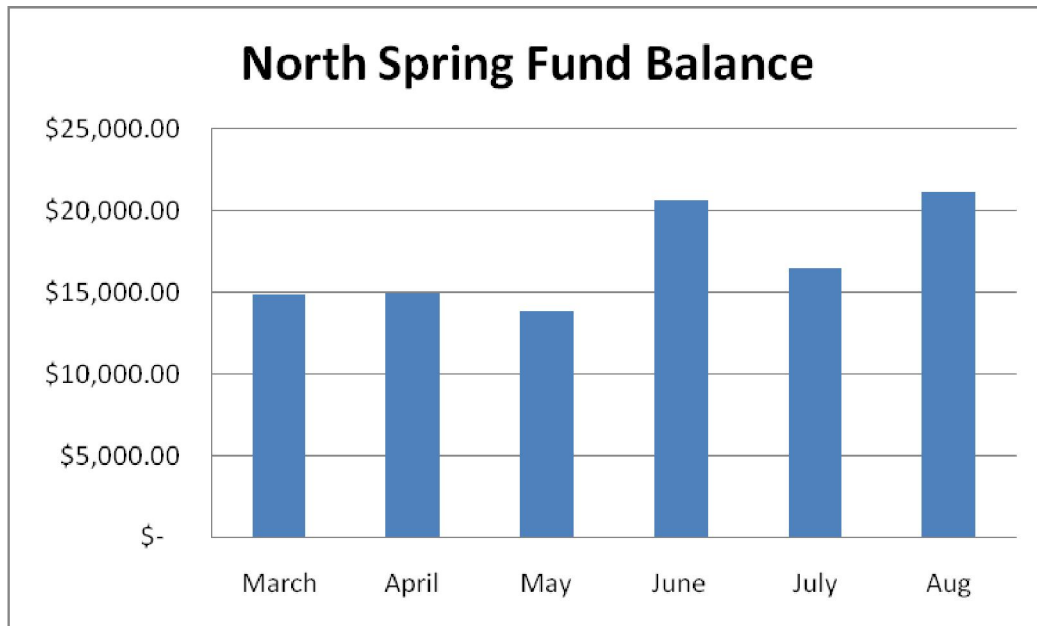
Would you like to attend the huge ingathering of the interfaith community who are sending hope and justice to a hurting world? This will take place at the Sedalia Fairgrounds on October 17, 2009. The Health Kits that we have been collecting will be taken there. This is the 28th year for the festival and it raises over \$1 million per year (mostly in goods and gifts) for the hurting world. More than 30 denominations from across the state participates and more than 3,000 people will attend. The festival promotes awareness of hunger and justice issues and local and international outreach opportunities.

It also enables hands-on experience with mission projects and local outreach agencies. There are also church food booths and international craft items to purchase. But most of all it is a fun and very rewarding experience! Our youth will be going separately on an overnight trip as part of YouthFest there. If you are interested in going, please contact Sherree Gorman at 841-2842 or sgorman4@att.net.

\$\$Money Matters\$\$

Here is a quick update on where we stand through August on Church Finances.

Our Fund Balance at the end of August improved approximately \$4,000 from the July balance. This was helped by the proceeds of the Parking Lot sale held in August which added about \$1,200 to the monthly giving. There were also five Sundays in August which helped as well.



Our Income Statement for August actually showed a profit of \$2,368 which wiped out our loss for year to date and gave us a slight profit of \$1,172. Our total year budget projection was a loss of \$ -7,660. Seems like we are likely to beat that projection!

The Bank completed the mid-year review of our loan. This resulted in our mortgage payment going up to \$5,000 for the remainder of the year. That represents a \$500/month increase which I believe we can handle. The increase will go toward principal so that will be a good thing. However, the bank has given an early indication that our mortgage in 2010 will have to go back to 20 year amortization with 6% interest on the loan. That will raise the monthly payment for 2010 back up to about \$6,200/month. Our current level of giving will not support that number. So we will have to supplement with fund-raisers and continue the growth that we have seen lately. We have faced difficult financial circumstances for many years of our existence, yet we are still here. That is a testament to the resiliency and faith of the people of North Spring. Praise God for such faithful and hard-working people.

Tom Gorman
Finance Chair

Book Recommendations

By Sherree Gorman

Here are some book recommendations of my favorite books I've read in the last year or two. These are books that I have totally enjoyed, enlightened me, or made me pause and think deeply about either the issues in our world or my spiritual walk.

"Red Letters – Living a Faith that Bleeds" by Tom Davis, copyright 2007

"From Ashes to Africa" by Josh and Amy Bottomly, copyright 2008

"Scared – A Novel on the Edge of the World" by Tom Davis, copyright 2009

"The Hole in Our Gospel: What does God expect of Us? The Answer that Changed my Life and Might Just Change the World" by Richard Stearns, copyright 2009 (fantastic read – I highly recommend! A view of life changer.)

"Fields of the Fatherless: Discover the Joy of Compassionate Living" by Tom Davis, copyright 2008

"Healing Waters: Sullivan Crisp Series #2" by Nancy Rue & Stephen Arterburn, copyright December 9, 2008

"The Kite Runner" by Khaled Hosseini, copyright 2004 (a raw, powerful book)

"A Thousand Splendid Suns" by Khaled Hosseini, copyright 2007 (not for the faint of heart or the young reader)

"If You Want to Walk on Water, You've Got to Get Out of the Boat" by John Ortberg, copyright 2001

"John Adams" by David McCullough, paperback edition copyright 2008 (Pulitzer Prize winner)

"The Faiths of Our Founding Fathers" by David Holmes, copyright 2006

"Truman" by David McCullough, copyright 1993 (Pulitzer Prize winner)

"The Pilgrim's Progress (in Modern English)" by John Bunyan (contributor – L Edward Hazelbaker), copyright 1998 (originally written in 1678!!)

"Seeing Gray in a World of Black and White: Thoughts on Religion, Morality, and Politics" by Adam Hamilton, copyright 2008

"Three Cups of Tea: One Man's Mission to Promote Peace . . . One School at a Time" by Greg Mortenson, copyright 2007 (Terrific – not for its literary style but for its love and determination! Greg will be doing a book signing in KC in December.)

"The Shack" by William P Young, copyright 2007 (A story of relationships, healing & forgiveness.)

"Hate List" by Jennifer Brown, copyright 2009 (I loved this not because it was written by my stepdaughter but because it is really good – especially for high schoolers.)

"So You Don't Want to Go to Church Anymore" by Jake Colsen, Wayne Jacobsen, & Dave Coleman, copyright 2006

**CIA News for October:**

Regular Youth Group meetings have started this year, and are in full swing. The youth are blossoming in their faith. We are in discussions about why the CIA Youth Group exists and why they come. We are having fun and getting to know God in a whole new way.

Several of the youth from North Spring and Hope UMC, along with four leaders are going to be serving at the Festival of Sharing this year in Sedalia, MO. The event that is held on October 17th, will allow us to package supplies from all over the state, that will go to help people in need all over the world. The Health Kits that we are collecting as a congregation, the Birthing Kits that the Youth Sunday School class is collecting, and the School Kits that the children's program is putting together, will be taken down with us to package up and send off to people in need. As a youth special at the Festival, we get to participate, this year, in YouthFest, which is a special event the night before, October 16th, that involves praise bands, worship services, and fellowship with other youth from around the state. All involved in YouthFest will be given a T-shirt, food, and housing at a local church in Sedalia. The youth will also be able to be part of the worship service on Saturday for everyone involved.

Watch for some new developments from the Youth this year. It looks to be a very promising year!!!
Thank you and God Bless,
Dave

Parish Nurse News

Betty Witt, RN, BSN
Parish Nurse
816-229-7988

I know there are lots of articles about the H1N1 flu. It is a strain of Influenza A. The seasonal flu shot affects some influenza A and B strains, but not the H1N1. Therefore, you should get both flu shots this year for your best protection against the viruses. **I highly recommend that you get the seasonal flu shot now.**

Precautions to use:

Wash hands frequently with soap and water. Use hand sanitizer when you can't wash hands between contacts with other individuals. If you need to cough, do so in a kleenex that you throw away immediately, or cough into your bent elbow (eliminates getting virus on your hands and spreading to others). Avoid other who are sick and stay home if you are sick with a cough, fever, sore throat, nasal symptoms, body aches, headaches, chills, fatigue, nausea, vomiting or diarrhea.

Hand sanitizer is available in the narthexes at Church. At meet and greet time, you may want to greet without the handshake. When we are having pot-lucks, use sanitizer or soap and water before you eat or touch your face, nose, etc.

At Boy Scout camp this summer, every person coming in the door to eat meals, were having a squirt of hand sanitizer first. We did not have to close camp and we had about 9,000 persons there, plus about 5,000 extra family members on visitor Sunday.

Make sure you are drinking plenty of water, getting plenty of rest and eating well. If you keep yourself in good health, you are less likely of catching some of these viruses.

Contact our Staff...**Rev. Hubert Neth, Pastor**

church: 224-9490,
home: 347-0390,
cell: 516-9238,
e-mail: hneth@northspring.org

Heidi Rater, Music Director

heidirater@comcast.net

Heather Sooley, Office Manager

hsooley@northspring.org

**Note...**

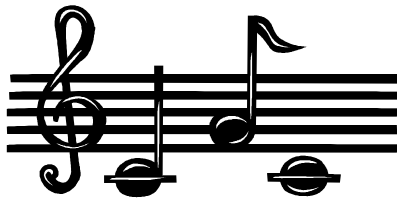
The deadline for submitting items for the **November WellSpring** is **Friday, October 23.**

Please have all articles and information turned in to the office before this date.

Contact Heather at:
hsooley@northspring.org



**For prayer requests or
to join the prayer chain,
call Grace Lakey
at 224-3098**



Music Notes

By Heidi Rater
Music Director
623-9105

heidirater@comcast.net

Here we are in October! Our music has hopefully been inspiring you as much as the beautiful weather has been. We were blessed with Soul Food's music again after a summer break. Unfortunately, we'll miss them in October due to scheduling conflicts. We will have some other great specials, though! The Harp Ensemble that has been using our sanctuary for practice space will provide the special music for the first time on October 25. It should be quite a treat!

With October comes planning for Christmas. (In the music world, anyway. :)) **We will start practicing for the Children's Christmas Program right after church on October 18th.** ANYONE who would like to be involved is welcome to come. You can sing or have a speaking part, or both. If you would like to be involved, but can't make the first practice, let me know. Practices will be right after church every Sunday *except* Pot Luck Sundays.

ALSO, we have five Sundays to fill in November, so please let me know if you would be interested in doing special music.

Our **Music Planning** meeting will be on October 20 at 6:00 p.m. If you have a song you'd like to hear, but can't come to the meeting, let me know.

October Special Music:

October 4: Selah

October 11: TBA

October 18: Trent Weigel

October 25: Harp Ensemble

Scouting News

By Dick Witt

Scout Troop 306 Conducts Youth Leadership Elections

At their normal meeting on Monday, September 21, the following young men were elected to youth leadership positions within the troop. The results were - Ryan White, Senior Patrol Leader; Thomas Barry, Asst. Senior Patrol Leader; and Dylan Hassler, Patrol Leader. Corey Bryant is assuming the position of Junior Assistant Scoutmaster, and James Barry will continue as the Troop Scribe. Congratulations to all.

Troop 306 Overnight at Chance Home

On the weekend of September 26 & 27, Troop 306 held their monthly campout at the Chance Home. Scott, Jan, and Marlene Chance are long time members of The Spring. The Scouts started the weekend by hiking from the church to the campsite (about 5 miles). Upon arrival at the campsite, they set up their campsite, ate lunch, went fishing (the fish escaped capture), prepared supper (backup plan was Beef Stroganoff with baked beans), conducted a campfire, slept all night(?), breakfast on Sunday was Pancake-egg sandwiches (not bad) and WE HAD FUN. Boys age 11-18 are welcome to join us. Call Mr. Witt at 816-229-7988 for joining information.

Scoutmaster Needed

Troop 306 is currently looking for a Scoutmaster, as Mr. Clark had to resign due to health issues. A Scoutmaster is a very rewarding adventure, especially when most members of Troop 306 need a good adult male role model. Two adult leaders got a special reward last weekend, when we were asked to attend the Freshman Football Game at the young man's high school this week. This is an example of some of the special needs our boys need. The game is 5 P.M. and I will try to make it. Please prayerfully consider

assisting (or recommending someone to assist) in this very rewarding outreach ministry of our congregation. The new Scoutmaster will receive training and lots of support. Call Mr. Dick Witt at 816-229-7988 for information.

Popcorn for Sale

Help send a kid to camp!

Pack and Troop 306, sponsored by The Spring, are both selling Boy Scout Popcorn this year. There are several young men from both the Pack and Troop that are selling popcorn, so you might just be asked to purchase some. Troop 306 will be conducting several "Show and Sell's" on some Sunday Mornings in October, where you can buy the popcorn on the spot. About 1/3 of the money collected from popcorn will stay with the unit that sells the popcorn. Another 1/3 of the funds will stay at the local level, helping fund the local Heart of America Council. The remainder is sent to the manufacturer. Another option available is to purchase a \$25.00 military package. Trail's End Popcorn will send popcorn directly to military personnel worldwide, with local units and council receiving their portion of the sale. Last year tons of various kinds of popcorn was sent to various military installations worldwide. What a wonderful way to express appreciation for the sacrifices our military troops make.



Thank you to those who have prayed, brought food, visits and cards since my recent knee surgery. I am currently using a walker and will soon be to a cane. It is going well.

Betty Witt



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Blue Springs, MO 64014-2315
Phone(816)224-9490

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Our Mission: To build a Christian family where all are welcomed, valued, and inspired to become deeply committed Christians.

Our Vision: To be agents of Christ to transform lives and community through Christ by prayer, discipleship, fellowship, and outreach.



ATTENTION all Women!! Do you like chocolate? The Women of the Spring will be hosting a Chocolate tasting party at their next meeting. Sandy Kilkenney, a Dove representative, will be bringing some of her chocolates for tasting. She even has a special Chai dip for fruit. She also stated she would bring some sugar-free chocolates for those who have health concerns. The chocolate party will take place on Thursday, October 22, 2009 at 7:00 pm in the fellowship hall. So if you have ever wondered what Women of the Spring are all about or if you just like chocolate, we'd love to see you there.

visit us on the web @ www.northspring.org